

# PROJECT PLAN

## Myanmar Children Hygiene practices Project

For fiscal year 2017~ 2018 Supported by



Through the IATSS Forum Budget

## Myanmar Children Hygiene practices Project

#### 1. PROJECT SUMMARY

#### 1.1 PROJECT NAME

Myanmar Children Hygiene practices Project (CHP)

#### 1.2 PROJECT BRIEF

The Children Hygiene practices (CHP) Project works in cooperation with Monastic Education Center in Tawnty Township in Yangon to provide Hygiene knowledge and practices. This project targets 860 students aged 6-14 (Primary Level and Secondary Level) to receive Hygiene know-how training in Monastic Education Center through the project.

#### 1.3 PROJECT START DATE AND END DATE

Project Start Date: 18/02/2018 Project End Date: 29/04/2018

#### 2. PROJECT DESCRIPTION

The Children Hygiene practices (CHP) Project works in cooperation with Monastic Education Center in Tawnty Township in Yangon Region Myanmar to provide Hygiene knowledge to 860 children aged 6-14. This is the first project of regarding implementation of this Hygiene project by AIM in Myanmar. AIM has been implementing Safety trainings in Schools since 2013. AIM will implement this Hygiene Knowledge and practices project as Pilot Project in Tawnty township which involves the students and teachers of the target school. Based on the assessment conducted by AIM, Hygiene practices are important to children for them to have a solid foundation at an early age. The teachers particularly mentioned that the project is valuable as the CHP topics are not much included in their current curriculum.

The Head Monk of school, U Sandimar is agreed to conduct the project. The project will be implemented by AIM alumni members and partner organizations by conducting sessions in the weekend, work directly with children through workshops, games, handouts and materials. To ensure project sustainability AIM and partner organizations will also train teachers to deliver the project, this not only ensures that the project can reach a greater number of children but also allows for teacher capacity building and enhances value for personnel and environmental Hygiene in project delivery. Lessons extracted from the

research states that the handout materials and training encouraged the involvement of teachers increasing the retention of the knowledge from the lessons.

The CHP lessons are based on the merits and fun of practice along with related Hygiene habit building. Each training is about 2 hours in duration including demonstration and presentation and each child benefits by being encouraged to develop good personnel hygiene and environmental habits.

These children's training will be linked to the village community which is part of the ongoing project of AIM's leadership program. Aside from the value of teaching the young population in Tawnty Township how to clean and set their purity, this project is also important for the long-term sustainability of Myanmar Hygiene that they attract young students to their families and society. The project will strengthen the Hygiene of not just children, but teachers, and their parents to insulate against Health and Environment pollution shock.

AIM Myanmar is partner with third party to utilize their existing efficient materials from others area project. This resource was written, created, and developed by third party, and created to Myanmar context including images and language used. The children are able to demonstrate strong recognition with the concept of cleanliness and making sensible environment cleanliness.

#### 3. PROJECT PARTNERS (THIRD PARTIES)

#### 3.1 Eco-Inspire-ers

Eco-Inspire-ers is an Environmental education group that empower the environmental capacity of youth in Myanmar and spreading the awareness. The idea was firstly initiated in Cambodia after YSEALI Generation Earth Workshop. It then carried on to Myanmar in 2017

The aims of Eco-Inspire-ers are to raise environmental awareness and appreciation to youth and empower them to be able to inspire others for environmental conservation.

Eco-Inspire-ers plays a role in raising sustainable environment awareness through workshop, charities and other innovative approaches such as storytelling, tours together with the youth network in Myanmar and so on.

For more details and activity photos: <a href="https://www.facebook.com/ecoinspireersmyanmar/">https://www.facebook.com/ecoinspireersmyanmar/</a>

#### 3.2 EduGreen

"EduGreen" is initiated to raise environmental-led educational awareness which are not limited to waste segregation activities among children. It was initially founded in 2015 by the three YSEALI alumni based on U.S States of Department funded program but in regards with aiming for the sustainability, the group has extended through philanthropic activities. The first project was implemented in one of the State owned high schools in Yangon where the group together with volunteers conducted storytelling activities, introduction to proposer waste segregation system along with provision of bins, and arts and crafts creation by recyclable materials (plastic water bottles). The 3-month's project gave an opportunity to educate more than 200 students (aged from 6 to 10 years) about environmental awareness and waste segregation methods. The new upcoming project of the team will be installation of the 360degrees playground project where the old tires and recyclable materials will be used to build up a playground and conducting one-day environmental awareness raising activity. With the motto of 'Cool kids help clean the world', "EduGreen" will always raise awareness and encourage environmental education among children.

For more details and activity photos: <a href="https://www.facebook.com/YSEALIEduGreen/">https://www.facebook.com/YSEALIEduGreen/</a>

#### 4. ROLES AND RESPONSIBILITIES OF PARTNERS

- To design the training curriculum fit for the needs of the school
- To deliver the training to the students through innovative participatory approach
- To deliver the findings and recommendations of the training sessions

#### 5. PROJECT OUTCOMES

- 90% of 860 children trained increased knowledge on the value of Hygiene
- 60% of children trained started change behavior either at home, school or with their local community.

### 6. PROJECT OUTPUTS

- 3 Hygiene training conducted to 860 students in 1 school in 3 months
- 3 environmental practical exercises.
- 1 1.5HP Deep-WELL Submersible Pump
- Total 20 Steel basins next to Toilets (2 steel basins/Toilet)
- 4 feet wide Brick Concrete path to Toilet from Dormitory. (Total 200 feet length)
- 100 water-taps for water outlet.
- Repair and Maintenance the existing De-iron and Carbon Filter tank of water treatment system.
- 15 (4' x 4') Personal Hygiene Awareness Vinyl Signage
- 50 (1' x 1') Toilet Use Process Vinyl to stick in every toilet
- 20 (1' x 1') Wash Hand Process Vinyl to stick at every basin

7. PROJECT RISK INFORMATION AND TREATMENTS			
Risk	Mitigation		
The children do not pay attention in the class.	AIM and third party has interactive materials and methodologies which will catch the attention of the children. The teachers are trained on these interactive tools.		
	The teachers are always inside the class during the sessions therefore the trainers can request for assistance from the teacher if needed		
AIM engaged in fraudulent activity (on project funds)	Reconciliation, review and approval channels for project fund expenditure are completed by separate people.		
	No bank account has a sole signatory.  Reconciliation process requires receipts and approval processes over certain amounts.		

The cost of CHP project materials increases because of inflation.

Inflationary pressure and unfavorable exchange rates result in reduced financial capacity to deliver the project objectives

The bulk of materials will be purchased or completed by end of November.

Ensure that the project is run efficiently and adjusting deliverables/resources accordingly in the first instance.

## 8. SCHOOL DATA

Level	Male	Female	Total
Primary Students	65	80	145
Secondary Students	129	198	327
Teachers	-	16	16
Cook	5	2	7
Total	199	296	495

9. PROJECT BENEFICIARIES			
Воу	199		
Girl	296		
Teacher Female	16		
Cook	7		
DIRECT TOTAL	495		
School	1 (Monastic Education Center)		

## 10. ACTION PLAN

Sr	Date	Description	Remarks	
1	19 -Nov -2017	Visit Monastery and get agreement to do Hygiene Project		
2	7-Jan-2018	To do the survey for project	Water basin needs	
3	13-Jan-2018	Check the layout to build basin and other needs	Water purification treatment system is needed to maintenance and Water pump is broken	
4	20-Jan-2018	To build basin & buy the water deep pump	In-house labour	
5	27-Jan-2018	To print Material and Vinyl	Printing House	
6	10-Feb-2018	Build basin, pavement, work on the water system		
7	18-Feb-2018	Day 1 implementation		
8	18-Mar-2018	Day 2 implementation		
9	22-Apr-2018	Day 3 implementation		
10	12-May-2018	Project Evaluation and Reporting		

## 11. IMPLEMENTATION PROGRAM

	Date	Lesson	Materials
1	18 Feb 2018	Introduction,  1. Why Hygiene is so important?  2. How to stay healthy:  2.1 How to clean Face, Body  2.2 How to brush teeth  2.3 How to bath, soaping, using enough water  2.4 How to use toilet or traditional water closet  2.5 How to clean toilet and bathroom  2.6 How to wash the clothes  2.7 How to keep the clothes  2.8 How to make the bed.  3. Exercise	<ol> <li>Project Materials         (stationary)</li> <li>Toothbrush and         Toothpaste</li> <li>Sanitation and so         on</li> </ol>
2	18 Mar 2018	<ol> <li>Revision of 1<sup>st</sup> day</li> <li>How proper waste system is important for environment.</li> <li>4 R - Refuse, Reduce, Reuse, Recycle</li> <li>How to manage waste?         <ul> <li>1 Dust Bin, Waste Bin</li> <li>2 Throw Litter to Bin</li> <li>3 Waste Control</li> <li>4 Recycle</li> </ul> </li> <li>How to keep clean environment</li> <li>Pest Control</li> <li>Exercise</li> </ol>	<ol> <li>Bins (Small, Medium, Big)</li> <li>Materials for Recycle</li> <li>Insect killers</li> </ol>
3	22 Apr 2018	<ol> <li>Revision of 1<sup>st</sup> day &amp; 2<sup>nd</sup> day</li> <li>Sustainable community Hygiene</li> <li>Healthy community</li> <li>Healthy atmosphere</li> <li>Grow Trees, Stay Green, Live Fresh</li> <li>Conclusion</li> <li>Plantation</li> </ol>	<ol> <li>Trees</li> <li>Materials for plantation</li> </ol>

## 12. IMPLEMENTATION PROGRAM

					0.000738007	1USD=1355Ks
		<b>Unit Price</b>	Qty	<b>Total Kyats</b>	Sub Total USD	Total USD
Material						2,506.09
1	1. 1.5 HP Deep WELL Water Pump	650,000	1	650,000	479.70	
2	2. Steel Basin building with wate pipe line	17,000	20	340,000	250.92	
3	3. 4' wide brick-concrete pavement	3,000	200	600,000	442.80	
4	4. Water Tap	700	100	70,000	51.66	
	5. Maintenance De-iron and Carbon Filter tank	200,000	1	200,000	147.60	
6	5. (4' x 4') Personal Hygiene Awareness Vinyl Signage	5,600	15	84,000	62.0	
7	7. (1' x 1') Toilet Use Process Vinyl to stick in every toilet	350	50	17,500	12.92	
8	3. (1' x 1') Wash Hand Process Vinyl to stick at every basin	350	20	7,000	5.17	
g	9. Toothbrush & Toothpaste	550	495	272,250	200.92	
1	10. Towels	1,000	495	495,000	365.31	
1	11. Sanitary Ware	1,000	200	200,000	147.60	
1	12. Dust Bin Small	1,000	50	50,000	36.90	
1	13. Dust Bin Medium	12,000	5	60,000	44.28	
1	14. Dust Bin Big	50,000	2	100,000	73.80	
1	15. Insect Killers	2,000	50	100,000	73.80	
1	16. Tree	150,000	1	150,000	110.70	
Transportat	tion					295.20
	Mini Bus	200,000	2	400,000	295.20	
Foods for th	Foods for the students					365.31
	Nutrition Foods (495)	1,000	495	495,000	365.31	
Third Party	Partner Fees					73.80
	Credit on Materials	100,000	1	100,000	73.80	75.30
					7 5.50	
Total					3,240.41	3,240.41